



@jesspettitt #goodenoughnow

The concept of Good Enough Now is exactly this—trying instead of winning.

We are Good Enough Now.

“Become the imitable thing.” —WILLIAM JAMES

Never quit trying to try.

“Conscience makes cowards of us all.” —WILLIAM JAMES

*“The best time to plant a tree is twenty years ago. The second best time is now.”
—CHINESE PROVERB*

*“Ego says, ‘Once everything falls into place, I’ll feel peace.’ Spirit says,
‘Find your peace, and then everything will fall into place.’” —MARIANNE WILLIAMSON*

*“I put up with whatever cost I have to put up with, because the cost of not doing
the work is greater.” —TIM WISE*



Society will change for the better when we individually do our own work.

"When you're accustomed to privilege, equality feels like oppression."

—AFRO PUNK MEME

Holding space for others matters.

Feeling a part of the problem is how I got out of my own way and started making and seeing real change in my own life.

Leaving space for someone else to be good enough is revolutionary.

We must cross the streams, do something different, to get a different result.

Practice...breathe...reflect...learn...repeat.

"Authenticity is not something you have; it is something you choose."

—SHEILA HEEN, DOUGLAS STONE, AND BRUCE PATTON

"Every sentence has a history." —KERRY PATTERSON

"Adults are weird and worry instead of wonder."

Listen to others as if they are wise.

"I think courage is the ability to tell your story. I've heard so many stories in my life that I know I'm not alone. Everyone has a struggle." —BRENÉ BROWN

"Let us not cease to love the truth even when it is unfavorable to us." —ANDRÉ GIDE

My identity is about being resilient and inspiring others to do the same. That is success.

"Do I not destroy my enemies when I make them my friends?" —ABRAHAM LINCOLN

"It is better to be hated for what you are than to be loved for what you are not."

—ANDRÉ GIDE, AUTUMN LEAVES



We succeed or learn.

Indeed, acting yourself to a new way of thinking is easier than thinking your way to a new way of acting.

What have I learned about myself?

“The role of the artist is exactly the same as the role of the lover. If I love you, I have to make you conscious of the things you don’t see.” —JAMES BALDWIN

We are all complicated. If we can embrace intention and impact as truths that often are coming from different places, we can truly begin to listen to each other and connect.

It is imperative to understand that to be enough is to reflect on one’s own lived experiences and determine our habitual behavioral patterns.

Raising a fist or awareness, marching in the streets, striking a picket line, kneeling on the sidelines, staying seated are all responses that matter.

Doing something uncomfortable is where growth, change, and connection can take place.

We are responsible for the accuracy of our stories.

We present a story about ourselves to others.

As you notice response and behavioral patterns in others and in yourself, it is important to not make meaning of these patterns and just notice them for what they are.

One must speak with the oppressed without speaking for the oppressed.

What are your turning points? What are your crucible moments?

If you pick out the most frustrating person in your life (which might be you), can you give enough space for complications that you didn’t expect?



We can do this. We are good enough now. I promise.

"We are the experts we have been waiting for." —BRENDON BURCHARD

"We are the ones we have been waiting for." —HOPI PROPHECY

When you add up all of the "us" groups and "me" groups out there—you are left with "we."

The problem is that your "them" isn't absolute. Someone in the "them" group sees you as their "them." Real change doesn't lie outside of us.

To be clear, there is a difference between discomfort and a lack of safety.

Head, Heart, and Action are at our disposal if not already automatically at play when we engage in a situation, conversation, or opportunity to make a connection.

To truly reclaim responsibility for our own responses and behavior patterns, we have to start with some structure.

Take notice.

This is super simple, but it isn't easy.

Taking responsibility for who and how we are is our responsibility.

Releasing something into the world for judgments is exhilarating and terrifying until it becomes comfortable and a habit.

What would happen if we just tried anyway?

We must connect for us to feel like we matter.

Imagine how much more productive, innovative, curious, generous, and authentic we would be if we didn't feel the pressure to "cover."